

21 Nurse
Contact
Hours/
24.5 PDA
Points through
NCCAOM®

Become a Certified Tai Chi Easy™ Practice Leader

100% Online
NO PRIOR
TAI CHI
EXPERIENCE
NEEDED

Bring a Wellness Opportunity to Your Community!



Tai Chi Easy™ Online Practice Leader Certification Training

Five LIVE Online Sessions,

July 23rd – July 31st, 2022

(Detailed Schedule On Following Page)

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This online training empowers individuals to learn for themselves—and share with others—compelling, fun and accessible evidence based self-care practices. Tai Chi Easy™ blends a simple medical Qigong technique with carefully chosen Tai Chi exercises that can be done in bed, while seated, in a stationary standing position, or combined with Tai Chi walking. Help yourself and others manage stress and pain, reduce anxiety, improve sleep, mood, balance, and stamina.

What makes this training different? Certification!

Certification is essential in many settings requiring a Tai Chi practice leader. Successful completion of this training earns you certification as a Tai Chi Easy™ Practice Leader through the internationally recognized Institute of Integral Qigong and Tai Chi (IIQTC).

This training opportunity brought to you by:



This Tai Chi Easy™ Certification program will:

Enrich your life and the lives of others with the powerful gift of Tai Chi Easy™ self-care.

Enhance your earning potential as there is an increasing need for qualified Tai Chi practice leaders in the community.

Teach you how to confidently lead Tai Chi practice sessions in a variety of venues. The sages say, “Teach what you hope to learn.”

Who should attend this certification training?

Ideal for anyone who wants to learn and share health-promoting, self-care practices - nurses, physical therapists, mental health workers, yoga and fitness instructors, support group facilitators, wellness program staff, teachers, long term care employees...everyone! Reserve your place today.

Easy to learn, easy to lead -

Previous tai chi experience is useful but not necessary. This highly respected training gives you everything you need to confidently lead 30-60 minute Tai Chi Easy™ practice sessions in your community. Join the thousands of trained Practice Leaders around the globe who are seeing dramatic results in their communities and their own lives thanks to the powerful health benefits of Tai Chi Easy™.

Learn More About Healer Within Foundation at their website: www.HealerWithinFoundation.org

Training Class Dates / Times:

(All time shown in US Eastern Time Zone)

Saturday, July 23: Noon – 7:00 pm

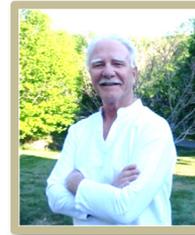
Sunday, July 24: Noon – 7:00 pm

Saturday, July 30: Noon – 7:00 pm

Sunday, July 31: Noon – 7:00 pm

IMPORTANT: Your online attendance is required at ALL sessions - in their entirety - to receive Certificate of Completion and Nursing CE's.

This Tai Chi Easy™ Practice Leader Training will be conducted by Certified Trainers David Lehman, Vince Sauter & Kristen Musolino



David Lehman's experience with Tai Chi began some 30 years ago. Originally drawn to the martial arts, he had the good fortune of meeting and training with several masters in the art! He has continued a teaching practice at Dutchess Community College, Omega Institute, Rhinebeck, Community Tai Chi Easy™ classes in New Paltz, New York, Valley Vista assisted living and private lessons/workshops. David is a Senior Trainer with the Integral Institute of Qigong and Tai Chi.

Vince Sauter has been studying Qigong and Tai Chi since 1997. Starting in 2010 Vince began to reach deeper in his practice with classes at the Omega Institute with Michael Craft. In 2014, Vince started working as a faculty instructor at the Omega Institute in Rhinebeck, N.Y. In 2016, he taught the first Tai Chi class offered at Dutchess Community College as part of the Phys ED. Department, a program that is still in place today. Vince tries to focus on keeping the cultivation of Qi accessible to everyone by presenting Tai Chi Easy™ developed as a foundation for learning.

Kristen Musolino is a licensed massage therapist, Reiki practitioner and Tai Chi Easy™ Senior Trainer. She offers therapeutic-based modalities at The Active Healing Center, a chiropractic practice in Tinton Falls, NJ. She teaches in-studio and online community Qigong and Tai Chi classes at the Jersey Shore and has since 2016. She holds a B.A. in Communication Studies from The College of New Jersey.

Continuing Education: This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation, for 21 Nurse Contact Hours.

Tai Chi Easy™ Practice Leader training is approved for a total of 24.5 PDA Points in category PE-CW, issued by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM®).

Certification Training Fees:

- Register by July 1st for Early Bird Rate -

New Trainees* - Early Bird: \$495 *Save \$100!*

Refresher Trainees (past graduates): \$250

IIQTC Senior Trainers: \$100

*New Trainees Registering After July 1, 2022: \$595

Fee Includes: Live online training, *The Healer Within* book, Electronic access to Practice Leader Training Guide and demonstration videos, Practice Leader Certificate, 21 Nursing Contact Hours (if applicable).

More Information:

David Lehman, djlehman@yahoo.com
(845)728-6146



Advance Registration is Required for Tai Chi Easy™ ONLINE Practice Leader Training

Please Register Online at: www.HealerWithinFoundation.org/Training