

BRITISH SUMMER Time Zone Tai Chi Easy Practice Leader Training

Sponsored by:

Healer Within
Foundation

Online Tai Chi Easy Practice Leader Training brought to you over 4 weeks.

	DATE: September 26	DATE: October 3	DATE: October 10	DATE: October 17	DATES: 10/1,10/8, 10/15
TIME	Day 1	Day 2	Day 3	Day 4	Class Demo Sessions
3:00-4:30	AFTERNOON Session 1	AFTERNOON Session 1	AFTERNOON Session 1	AFTERNOON Session 1	–
4:30-4:45	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	–
4:45-5:15	AFTERNOON Session 2	AFTERNOON Session 2	AFTERNOON Session 3	AFTERNOON Session 4	–
5:15-7:15	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	–
7:15 -8:15	EVENING Session 1	EVENING Session 1	EVENING Session 1	EVENING Session 1	Hour-long Session
8:15-8:30	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>	–
8:30-9:30	EVENING Session 2	EVENING Session 2	EVENING Session 2	EVENING Session 2	–