

Our Vision: *A world of self-healing, wellness and vitality.*

Our Mission: *Healer Within Foundation advances community-based Qigong/Tai Chi and other self-healing, body-mind-spirit practices through collaborations with individuals and organizations to sponsor trainings, community practice groups and research.*



Training thousands to improve the health of millions.

Here is your opportunity to support the Tai Chi Easy™ Dissemination Project

About the Tai Chi Easy™ Dissemination Project:

Participants learn Tai Chi Easy™ self-care practices for themselves and then lead others in the local community.

Our goal is to assist Practice Leaders in forming and sustaining community practice groups. We offer an education portal to network, share excitement, techniques, ideas, and resources.

With a working board of dedicated volunteers and a staff of one, Healer Within Foundation (HWF) operates lean, but is growing to empower individuals and revolutionize health care!

About the Healer Within Foundation Leadership Circle

What you RECEIVE:

- An opportunity to “pay it forward” sustaining HWF and Tai Chi Easy™ Dissemination
- Recognition as a member of HWF Leadership Circle on HWF website, and in HWF newsletter
- Invitation to participate in annual Celebrate Community Practice Groups (CPG) events
- Guest panelist at an “On the Cloud” educational webinar series
- Spotlight in HWF newsletters, blog and other HWF social media, where you may share healing stories, pictures from trainings, about your (CPG)
- Community Practice Group Leaders only: Quarterly educational/inspirational thank you gift

What you DO to join:

- I will lead a low-cost or donation-based a Community Practice Group. I will volunteer my time, and/or keep a stipend of \$25 for leading each CPG class. I will send balance of monies collected (less venue expense, if any) monthly to HWF.
 - I will be a Senior Trainer, Co- Leader or Local Project Manager for a Tai Chi Easy™ Practice Leader Training in 2018/2019.
 - I will make a \$_____monthly donation commitment* to HWF
- *minimum gift \$25 per month*

Other GIVING option outside Leadership Circle:

__ YES! I want to make a donation to the Healer Within Foundation \$_____

Name: _____ Email/Phone: _____

For more information on joining the Healer Within Foundation Leadership Circle, please email completed form to Christie@HealerWithinFoundation.org or mail to:

Healer Within Foundation
PO Box 6401
Lincoln, NE. 68506

The Healer Within Foundation is a 501(C)(3) organization. Your contributions are tax-deductible.