## Winter Solstice 2019 Celebration



Photo by Christian Wiediger on Unsplash

## *Celebrate the return of the light of longer days and more daylight at Winter Solstice!*

## Saturday: December 21 \* Time: 3:30 to 6 PM \* \$25 USD

Location: Washington Park Community Room 840 W. Washington Ave., Sunnyvale, CA 94085

This is a community event! Join us for a renewing pure crystal singing bowls healing sound session by special guest, Tom Leichardt, founder of Sumari Healing Arts (<u>https://www.sumarihealingarts.com/</u>), with meditative movement led by Josie Weaver, President of the Healer Within Foundation, and healing energy balancing mini-sessions by Michael Voigt, longtime Qigong and Tai Chi practitioner. We will share the light, have fun and light refreshments. Please RSVP to reserve your spot or to ask a question by calling/texting 650 248 3091 or sending Josie an email (josie@healerwithinfoundation.org). Come join us!



