



*Bring a Wellness Revolution to community*  
**Become a Certified  
 Tai Chi Easy™ Practice Leader**



**Practice Leader Certification 2017**

**Easy to Learn,  
 Easy to Lead.**

**Where**

Iris Hotel,  
 #70, Brigade Road,  
 BENGALURU – 560025.

**When**

**Fri, Mar 17<sup>th</sup>** 9.00am-5.00pm  
**Sat, Mar 18<sup>th</sup>** 9.00am-5.00pm  
**Sun, Mar 19<sup>th</sup>** 9.00am-5.00pm

Tai Chi Easy is based on the four major recognized styles of Tai Chi. Benefits include:

- **EASY – No Prior Training needed. ANYONE CAN DO IT.**
- **ALL AGES - Includes those who may be dealing with disease, chronic pain and health conditions/limited mobility—even wheel chair bound.**
- **ANYWHERE - In Bed/ Sitting/Standing/Walking.**
- **ANYTIME - Fits busiest Lifestyle and Highly Adaptable for special needs.**
- **Empowers self-care, self-management skills and spiritual enhancement.**
- **Improves mobility, breathing and relaxation, Heals diseases and prevents illness.**
- **Reduces stress, anxiety and depression. Reduces susceptibility of falling in seniors.**



**Tai Chi Easy Certification program will benefit you:**

- **Enrich your life and the lives of others with the powerful gift of Tai Chi Easy self-care.**
- **Make extra money. There is a need for qualified Tai Chi practice leaders in the community. Certification is essential in many settings.**
- **Learn to confidently lead Tai Chi practice in a variety of venues.**

The sages say, “Teach what you hope to learn.” Teaching (leading) is a natural progression of Qi development.



*Dr Roger Jahnke O.M.D. an internationally revered doctor of traditional Chinese medicine, author and health and wellness authority created the Tai Chi Easy form and teaching methods.*

**FEE:** Rs: 20,000/- . Early bird offer of Rs, 16,500/- for registrations on/before Feb 28<sup>th</sup>, 2017. *Please call us to know some additional benefits you get on registering early.*

**Includes:** Practice Leader Training Manual, DVD/Streaming, Practice Leader Certificate, morning coffee, snacks and lunch.

**[Reserve your seat NOW to make sure you are one of the few people to walk away with this invaluable information that can impact the life of everyone you meet!!](#)**

**Please Contact: Srinivas Murthy, Program Coordinator**  
**P: 9989899667, E: [sreeni.life@gmail.com](mailto:sreeni.life@gmail.com)**

**Please visit**

**[www.healerwithinfoundation.org](http://www.healerwithinfoundation.org)**

**Tai Chi Easy Practice Leader Training will be conducted by:**



**Dr. Kalind Bakshi and Dr. Kinnari Bakshi, Certified Senior trainers)**

**<http://instituteofintegralqigongandtaichi.org/iigtcfaculty.htm> Healer Within Foundation/IIQTC.**

**Dr. Kalind Bakshi** (retired vascular surgeon of 28 years experience) is a Board Certified Coach and Coach Trainer for Circle of Life and Master Coaching Academy. He has been instrumental in guiding and helping people achieve their health goals. Dr.Kalind Bakshi believes that there is a remarkable healing capacity through holistic and energy programs.

**Dr. Kinnari Bakshi** is a retired Ophthalmologist, & a Master Life Coach.