



Bring a Wellness Revolution to community
Become a Certified
Tai Chi Easy™ Practice Leader



Practice Leader Certification 2017

Where

Organo Farm House
 #148 & 149 Aziz Nagar Panchayat
 Through Yankanpalli Village,
 Moinabad RRDIST
 Hyderabad – 50075, Telangana, India

When

Friday, Feb 3rd 9.00am-5.00pm
Saturday, Feb 4th 9.00am-5.00pm
Sunday, Feb 5th 9.00am-5.00pm



**Easy to learn,
 Easy to Lead**

Tai Chi Easy is based on the four major recognized styles of Tai Chi.
Benefits include

- **EASY – No Prior Training needed. ANYONE CAN DO IT**
- **All ages and includes those who may be dealing with disease, chronic pain and health conditions/limited mobility—even wheel chair bound**
- **ANYWHERE In Bed/ Sitting/Standing/Walking**
- **ANYTIME Fits busiest Lifestyle and Highly Adaptable for special Needs**
- **Empowers self-care, self-management skills and spiritual enhancements**
- **Improves mobility, breathing and relaxation, Heals diseases and prevents illness**
- **Reduces stress, anxiety and depression. Reduces susceptibility of falling in seniors.**

Tai Chi Easy Certification program will benefit you:

- **Enrich your life and the lives of others with the powerful gift of Tai Chi Easy self-care.**
- **Make extra money. There is need for qualified Tai Chi practice leaders in the community. Certification is essential in many settings**
- **Learn to confidently lead tai chi practice in a variety of venues. The sages say, “Teach what you hope to learn.” Teaching (leading) is a natural progression of qi development.**



Dr Roger Jahnke O.M.D. an internationally revered doctor of traditional Chinese medicine, author and health and wellness authority created the Tai Chi Easy form and teaching methods.

FEE: Rs 20,000 By Feb 1st 2017
 Rs 16,500 Early Bird Registration (if received by January 20th)

Includes: Practice Leader Training Manual, DVD, Practice Leader Certificate, morning coffee, snacks and lunch.

Overnight lodging is available for an additional fee. **Please inquire**
<http://organo.co.in/contact-us/>

Contact : Meena Gulla, Program Coordinator
 919652583740 or meena.gulla@gmail.com
Please visit www.healerwithinfoundation.org

Tai Chi Easy Practice Leader Training will be conducted by:



Dr. Kalind Bakshi and Dr. Kinnari Bakshi, Certified Senior trainers, Healer Within Foundation/IIQTC.

Dr. Kalind Bakshi (retired vascular surgeon for 28 years) is a board certified coach and coach trainer for Circle of Life and Master coaching academy. He has been instrumental in guiding and helping people achieve their health goals. Dr.Kalind Bakshi believes that there is a remarkable healing capacity through holistic and energy programs.

Dr. Kinnari Bakshi is a retired Ophthalmologist, & a master Life Coach